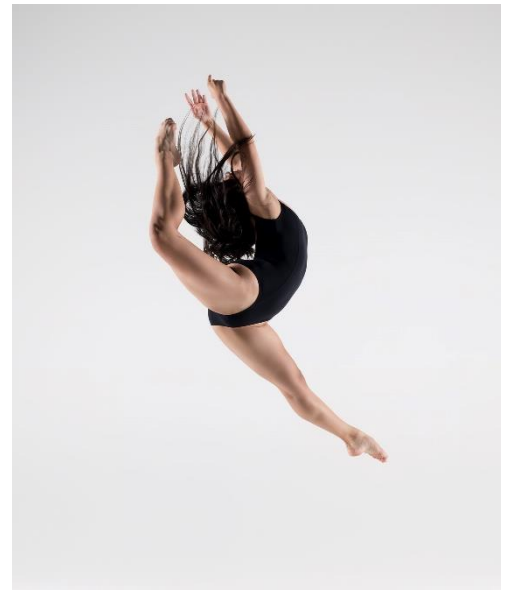


EXCELLENCE IN THE ART OF CLASSICAL BALLET & DANCE



INFORMATION FOLDER

2023



General Information

TBSA specialises in the training of classical ballet utilising the Vaganova and Bolshoi Training methodology, the Russian International Character Dance Syllabus and all associated dance and theatre genres. We offer examinations in Vaganova grades at all levels, RAD in major levels and International Character Dance Syllabus at all levels.

At TBSA, our teachers are our backbone so we highly value and respect their work and opinions. Our teachers are highly skilled, well trained and know how to work with all bodies, while ALWAYS putting students first. They have all the required licences and certificates for teaching, while regularly updating their education. We are a “hands on” teaching school and this is an important part of how we work, so please consider this carefully before joining our school.

TERM:	DATES:
One	Monday January 30 th to Saturday April 8 th
Two	Monday April 24 th to Saturday July 1 st
Three	Monday July 17 th to Saturday September 23 rd
Four	Monday October 9 th to Saturday December 16 th

(Public Holidays acknowledged unless otherwise notified)

Good Friday	Friday 7 th April
Easter Saturday	Saturday 8 th April
Easter Sunday	Sunday 9 th April
Labour Day	Monday 2 nd October

Viewing & Open Days:

Term One	Sunday April 2 nd
Term Two	Sunday June 25 th
Term Three	Sunday September 17 th

Holiday Courses:

April Intensive	Monday April 17 th to Saturday April 22 nd
July Intensive	Monday July 10 th to Saturday July 15 th
September Intensive	Monday September 25 th to Saturday September 30 th

Please note:

***Various classes are available throughout the courses & are organised according to what is required.
Notices will be handed out 4 weeks prior to the holiday courses.***



Are you ready for “MORE”?

Policies & Terms of Enrolment at TBSA

It is extremely important that you fully understand what our requirements are PRIOR to joining TBSA. Please do not join the school in the hope that you may then be able to reduce or change hours or rules that we have in place. This will not be the case. While we are ALWAYS open to reaching compromises, we will not be bullied into changing or bending our rules.

- **ENROLMENT:**

Enrolment can be confirmed via email or handing forms in to TBSA front desk. All **forms and booklets** provided must be filled in, **signed**, and returned to TBSA, along with your enrolment fee. This will be uploaded onto the Dance Studio Pro parent portal for your future reference

- **FEES:**

Please ensure that you carefully read the fee booklet for all protocols regarding all TBSA fees.

- **CANCELLED / MISSED CLASSES:**

Classes cancelled by TBSA will be credited or other classes will be offered in lieu of missed classes. Classes missed by students will not be refunded or credited except in extenuating circumstances. Students can “make up” classes by attending other available classes.

- **LEAVING TBSA:**

TBSA requires a written notification, 4 weeks prior to the end of the current term being taken. Enrolment is ongoing until this notice is received. Failure to give notice will result in the following terms fees being charged. Fees paid in respect of the current term will not be refundable, even if you choose to leave earlier.

- **CHILD SAFETY:**

TBSA takes the safety of their students, within the studio, VERY seriously. Students will not be released from the premises unless a parent/guardian is present; if your child is travelling on public transport, we require a signed letter from the parent/guardian confirming this.

You must also ensure that any medical problems / conditions are clearly indicated in the relevant section on the Enrolment Form, as this information is distributed to all TBSA teachers.

- **LOST PROPERTY:**

TBSA will not assume any responsibility for lost property. Parents are to ensure that ALL items are clearly marked so that we may return the property to the rightful owner. Any property not collected by the end of term, will be donated to charity.

- **TIMETABLES:**

TBSA reserves the right to change or modify the timetable, as required. Parents and students will be notified of any changes.

- **ADVANCED TRAINING GROUP (ATG) & JUNIOR REPERTOIRE (JR):**

Entry into the “Advanced Training Group” is by audition only & is suitable for junior and senior age groups.

ATG is for the very serious student who wishes to pursue a career in the performing arts; it includes Vocational training, where the student attends one day a week training with some of our specialised teachers.

Please contact tbsa1@protonmail.com if you are interested in joining our ATG group.

- **AUDITIONS:**

When you/your child are ready to audition for various programs, companies, or other full-time schools, TBSA will inform you and it will be YOUR decision as to whether you proceed. If you hear or know of another audition that you would like to be involved with, you must first consult with the principal at TBSA.

It is not compulsory to take an audition **BUT once you have committed, you must be prepared to attend all of the required classes, rehearsals & private lessons required.**

• **COMPETITIONS:**

Competitions are available to ATG students only and are the discretion of TBSA. Students in the ATG program are given the opportunity to perform solos, duos, trios and ensembles at up to 5 competitions per year.

SOLO'S, DUO'S & TRIO'S: Participation is not compulsory. All information will be given to the parents & then a decision is to be made as to whether you want to participate.

Costume costs are the responsibility of the parents and TBSA will discuss the requirements & need to give approval for these costumes.

It is not compulsory to do competitions but once undertaken, you must be prepared to attend all of the required classes, rehearsals & private lessons required.



ENSEMBLES: Participation is compulsory for ATG students. The commitment to the ATG program also requires commitment to group ensembles. If a child misses more than 3 ensemble rehearsals, they will be removed from the corresponding performance items. TBSA faculty is responsible for sourcing and supplying the costumes & parents will be invoiced once the costume is acquired. Often TBSA retains ownership of costumes, so you will only be invoiced for hire.

• **CHOREOGRAPHY**

All work required for competitions will be carried out by TBSA & all of the choreographies will be arranged for the students. These choreographies remain the property of TBSA and may not be performed anywhere else without the choreographer's written consent. Choreographies may be purchased – please consult with the teacher about this.

• **CONCERTS:**

It is compulsory to attend **all** classes at the required levels if a student wishes to be considered for the concert. It is also compulsory for students to attend the Intensive Course **PRIOR** to the concert, as this is when we do the final pieces and rehearsals. There will be **NO EXCEPTIONS** to this rule.

It is not compulsory to do the concert but once you have committed, you must be prepared to attend all the required classes, rehearsals & private lessons required.

• **EXAMINATIONS:**

TBSA currently offers examinations in Vaganova (all levels), RAD (major levels) & Russian International Character Dance. Students will be given the opportunity to partake in exams based on their teacher's appraisal and analysis of their work. Students at TBSA will always be worked to **THEIR** capability & will not necessarily have to work through **ALL** examinations. Students and parents will be kept informed at all levels, as to whether this would be applicable. Please see fee booklet for applicable exam fees.

It is not compulsory to take examinations but once you have committed, you must be prepared to attend all of the required classes, rehearsals & private lessons required.

• **PRIVATE LESSONS:**

Private lessons are strictly payable at the time of the lesson. They are not payable in arrears or with term fees. Please put the fees in an envelope with your name, date & amount enclosed and hand to the teacher prior to the commencement of the lesson. **24 hours' notice of cancellation is required or payment for the full hour is to be made.**

• **REQUIRED HOURS OF ATTENDANCE:**

Tiny Dancers:	1 – 2 hours per week	Level 1:	10 hours per week
Pre-Primary:	2 – 4 hours per week	Level 2/3/4:	12+ hours per week
Primary:	4 - 6 hours per week	ATG:	24 hours minimum
Prep Level 1:	8 hours per week		

- **ACADEMIC STUDIES:**

TBSA encourages students to engage fully in their academic education & we are always happy to establish a line of communication with the principals & teachers at the schools the students attend, to keep abreast of the work the children are doing and that they are coping well.

- **STRETCH / STRENGTH CLASSES:**

The TBSA Stretch/Strength Program is **COMPULSORY** for all students and is the sole property of the principal and may not be taught without her knowledge or consent.

- **EQUAL OPPORTUNITIES**

Every student at TBSA is treated as individual and all students are given equal opportunities, there is no favouritism or bias. Students are worked according to their abilities and talents, and they are encouraged to compete **ONLY** with themselves. TBSA prides itself on providing a caring 'family' atmosphere which has been achieved by teaching the students to help, respect and care for each other. Any form of bullying, backstabbing or rudeness (students or parents) **WILL NOT** be tolerated, and they will be asked to leave the school.

LEVELS AT TBSA:

So that students attend classes suited more to their levels and abilities, we have now introduced the "Ballet Conservatoire" Vaganova training and examination system at TBSA. The RAD Examination levels will continue in the MAJOR levels, however the Vaganova classes will become "Level Specific" so we can ensure your child is always receiving the best training possible at their individual stage. To ascertain levels for students, we must start them at the Pre-Primary level and work through the training system to find which level they will be best suited to; not all students will "fit the mould" and so placement into classes will be at the discretion of the teachers & the principal.

WHY WE HAVE SET HOURS OF ATTENDANCE:



After more than 40 years of teaching experience, we have learnt that the best way for children to progress in performing arts and successfully enter major work, is to have a graduated training programme. This allows them to gradually increase their hours in conjunction with their schooling and thereby improve their abilities at each level; it also allows them to successfully transition into major work if they decide to carry on their training. There is a fallacy that if a student is dancing only as a hobby, that they need not attend these hours, as set. For a child to gain true enjoyment out of dance, they need to be able to do it properly – this is where the love of theatre & performance is born and whilst

they do not have to do the hours required of students who will make a career in dance, it is necessary for them to do the set hours so that they may gain the most benefit from their classes. Many students later decide that they would like to pursue a career in dance (or the arts) due to the nature of this training and understanding the many benefits that dance offers to young people, such as; co-ordination and strong development of muscles which helps to protect the skeletal system/discipline / dedication/ deportment and, most importantly, confidence.

Young people need to have a belief in their abilities so that they may achieve whatever they wish in life. While they may not pursue a professional dance career, this will be carried with them throughout their whole life.

WHY STRETCH/STRENGTH IS COMPULSORY:

We need to know that we are always looking after the best interests of our students and are giving their bodies the best chance to work to the greatest of their abilities and to safeguard their bodies. The Stretching & Strengthening Classes have been developed with that, specifically in mind. Not only do students work in a very symmetrical and controlled way, they are also developing a greater sense of awareness and knowledge about their bodies and how they work and, more importantly, their own specific strengths and weaknesses. This means that the likelihood of injury is minimal (if it occurs at all). Well trained dancers should not have injuries and in all the years TBSA has been

operating, there has never been an injury, due to dance. We passionately believe that this is in great part due to these classes and the great care that is taken with our teaching methods.

TBSA UNIFORM LIST (Prices May Vary)

We recommend that all uniforms are ordered and purchased through the studio to ensure you are buying the correct items, and the correct sizing. This can then be delivered to the studio directly for you.

Order through email or at the front desk.

Tiny Dancers

Girls

CL07	Energetiks Florence Leotard with Skirt - Baby Blue	\$56.95
1916C	Capezio UltraSoft Transition Tights – Salmon Pink TODDLER SIZE	\$22.95
HBLOSSM_S	Capezio Hair Blossom – Small, Pale Blue	\$11.95
SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe – Light Pink	\$34.99

Boys

CL02	Energetiks Jesse Leotard – White	\$33.95
CT05T	Energetiks Oakley Legging – Navy	\$39.95
CBS05	Energetiks Dance Socks – White	\$8.50
SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe - White	\$40.00

Pre-Primary/Primary

Girls

CL78	Energetiks Heidi Leotard – Ballet Pink	\$37.95
11152C	Capezio Pull On Skirt – Pink	\$23.95
DCT38C	Energetiks Premier Dance Tight – Salmon Pink	\$11.95
HBLOSSM_S	Capezio Hair Blossom – Small, Pale Pink	\$11.95
SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe – Light Pink	\$34.99

Boys

CL02	Energetiks Jesse Leotard – White	\$33.95
CT05T	Energetiks Oakley Legging – Navy	\$39.95
CBS05	Energetiks Dance Socks – White	\$8.50
SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe - White	\$40.00

Prep Level 1/Level

Energetiks Veronica Cap Sleeve Leotard – Mint	<u>1</u>	\$53.95
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Girls

Energetiks Natalia Skirt – Mint (class)	\$32.95	
CL65	Capezio Pull On Skirt – White (exams)	\$23.95
CS06	Energetiks Premier Dance Tight – Salmon Pink	\$11.95
11152C	Capezio Hair Blossom – Small, Mint	\$11.95
DCT38C	So Danca Bliss Stretch Canvas Ballet Shoe – Light Pink	\$34.99
HBLOSSM_S	Energetiks Absorb & Dance Brief (recommended)	\$24.95

SD-16S

ADB01	Energetiks Conrad Leotard – White	\$45.95
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Boys

Energetiks Oakley Legging – Navy	\$39.95	
BL02	Bloch Ankle Sock – White	\$7.95
CT05T	So Danca Bliss Stretch Canvas Ballet Shoe - White	\$40.00

A0421

SD-16S

Girls

Claudia Dean	Aurora Leotard – Grape	<u>Level 2 and Level 3</u>	\$79.95
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Lulli Dancewear	Alisa Pull On Mesh Skirt – Lilac	\$49
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1916C	Capezio UltraSoft Transition Tights – Salmon Pink (For ATG students only)	\$22.95
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AT35	Energetiks Compression Convertible Tights – Salmon Pink	\$24.95
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HBLOSSM_S	Capezio Hair Blossom – Small – Lilac	\$11.95
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SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe – Light Pink	\$40.00
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ADB01	Energetiks Absorb & Dance Brief (Recommended)	\$24.95
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Boys

D0608	Repetto Short Sleeve Leotard – White	\$89/\$99
CT05T	Energetiks Oakley Legging – Navy	\$45.95
A0436M	Men’s Dance Socks – White	\$22.95
WearMoi	Elan Unitard Boys/Men (For exams/concerts)	\$94.95
SD-16S	So Danca Bliss Stretch Canvas Ballet Shoe - White	\$40.00

Level 4 and above

	Cap Sleeve Leotard – Navy	\$80
Girls	Ballet Sweat Tights – Black (for stretch class)	\$41
Gaynor Minden	Alisa Pull On Mesh Skirt – Navy	\$49
Gaynor Minden	Energetiks Compression Convertible Tights – Salmon Pink	\$24.95
Lulli Dancewear	Capezio UltraSoft Transition Tights – Salmon Pink	\$22.95
AT35	(For ATG students only)	
1916C	So Danca Stretch Canvas Ballet Shoe – Light Pink	\$40.00
	Energetiks Absorb & Dance Brief (recommended)	\$24.95
SD-16S		
A0436M	Repetto Short Sleeve Leotard – White	\$89/\$99
Boys	Energetiks Oakley Legging – Navy	\$39.95
D0608	Men’s Dance Socks – White	\$22.95
CT05T	Elan Unitard Boys/Men (For exams/concerts)	\$94.95
A0436M	So Danca Bliss Stretch Canvas Ballet Shoe - White	\$40.00
WearMoi		
SD-16S		

Adult Classes**Women**

AL53	Energetiks Pippa Leotard – Teal	\$55.95
AS01	Energetiks Melody Skirt – Teal	\$31.96
AT35	Energetiks Compression Convertible Tights – Salmon Pink	\$24.95
SD-16S	So Danca Stretch Canvas Ballet Shoe – Light Pink OR	\$40.00
2037W	Capezio Hanami Stretch Canvas Ballet Shoe – Light Pink	\$49.99
MAW04	Energetiks Alisa Pull Over Top – Teal	\$64.96
MAWLO8	Energetiks Thalia Leggings – Black OR	\$69.96
Gaynor Minden	Ballet Sweat Tights – Black	\$41.00
A0436M	Energetiks Absorb & Dance Brief (recommended)	\$24.95

For Gaynor Minden, Lulli Dancewear and So Danca ballet flats - please see MaCherie Dancewear

For Claudia Dean, please go directly to their website

Energetiks, Capezio, Bloch and So Danca can be ordered and purchased through TBSA or Anything Dance

Pointe Shoe Guide

All pointe shoes must be tightly and correctly fitted to the student’s feet. They must be checked with the teachers or front desk prior to sewing elastics or ribbons on.

We are happy to attend the fitting with you if we are available.

MaCherie Dancewear – Gaynor Minden only

Ballet Emporium – Merlet, Repetto, Grishko, Capezio

Anything Dance – Bloch, Capezio, Energetiks, Grishko, So Danca

Etiquette and Grooming Rules

- Hair must ALWAYS be neatly worn.
Girls: hair up off the neck in a tidy bun, with ALL loose bits pinned in
Boys: hair tidily done with no long fringes on the face
- Please keep additional pins, hairnets, brushes and combs in your bags at all times, so that we can do the students hair if needed.
- No jewellery is to be worn into classes except for small stud earrings.
- No long false nails or nail colour to be worn to classes.
- Mobile phones & tablets ARE NOT permitted in the studios.
- Food and drink are not to be consumed in the studios. Only water may be taken into the studio.
- TBSA T-shirts, track suits & warm up gear ONLY to be worn into the studio.
- UNIFORM ONLY is to be worn during the week for all levels from Pre - Primary to Level 5 & RAD Intermediate. Adv 1,2 & Solo Seal students are required to wear uniform to syllabus classes but may wear other leotards for their other classes.

ALL students MUST bring their pointe shoes, TheraBand's, drink bottles, small towels, pillow pets and any other requirement with them AT ALL TIMES.



- Cubicles must be kept neat and orderly & are not to have food left in them.
- Shoes and bags are to be stored on top of the cubicle cabinets or VERY neatly against the wall.
- Students & Parents MUST inform TBSA if they are unable to attend their classes. It is best to do this via SMS, Messenger or email, particularly if a class has started.
- When students arrive at the studio, they must be ready to start class at the allocated time. Students who are late, must wait until the music stops and then ask their teacher for permission to join class & apologise for being late.
- Students who are more than half an hour late for class will be required to do a warmup on their own and then commence work in the next class, as it is too disruptive for others and unsafe for them to join in that far into a class.
- Students are not allowed to leave the TBSA premises without permission from your teachers and in the company of others. Younger students must wait INSIDE for their parents/guardians to collect them.
- Respect is very important in our school – respect for parents, each other and teachers is highly regarded, so we would please ask everyone to be mindful of how they speak to each other and how they conduct themselves.
- It is important that all lines of communication are kept open! If there are ever any problems or queries, please come to us first! Quite often, due to the teaching load, it is not always possible to speak to someone immediately, but PLEASE send an email or message so we can respond as soon as possible! “Car park” or “In House” discussions often lead to miscommunication, so if there are ANY concerns about YOUR child or classes, the people to speak to are US!

We realise at TBSA that life cannot always be run to a “timetable”. It is unpredictable and busy, and we are often thrown curve balls. This is fully understood, and we are compassionate when things happen that are beyond your control. It happens to us too, so we would also ask for your compassion when sometimes the things we have planned do not go ahead as they should because of circumstances beyond our control. If we all work together to communicate effectively and help each other out, we should be able to go a long way to combatting these problems.

We are very excited to have you with us at TBSA and are really looking to our journey together.

On behalf of all of the teachers and myself – Noeleyne Wilson - WELCOME 😊 This will be a wonderful journey!



THE HEART OF TRAINING IN CLASSICAL BALLET & DANCE

ABN: 43 617 857 904

ACN: 617 857 904

CONTACT US:

M: 0414 643 918

Email : tbsa1@protonmail.com

Web: www.tbsa.online



I / we acknowledge that we have read and understood the information folder as provided in January 2023.

X

Parent / Guardian Signature